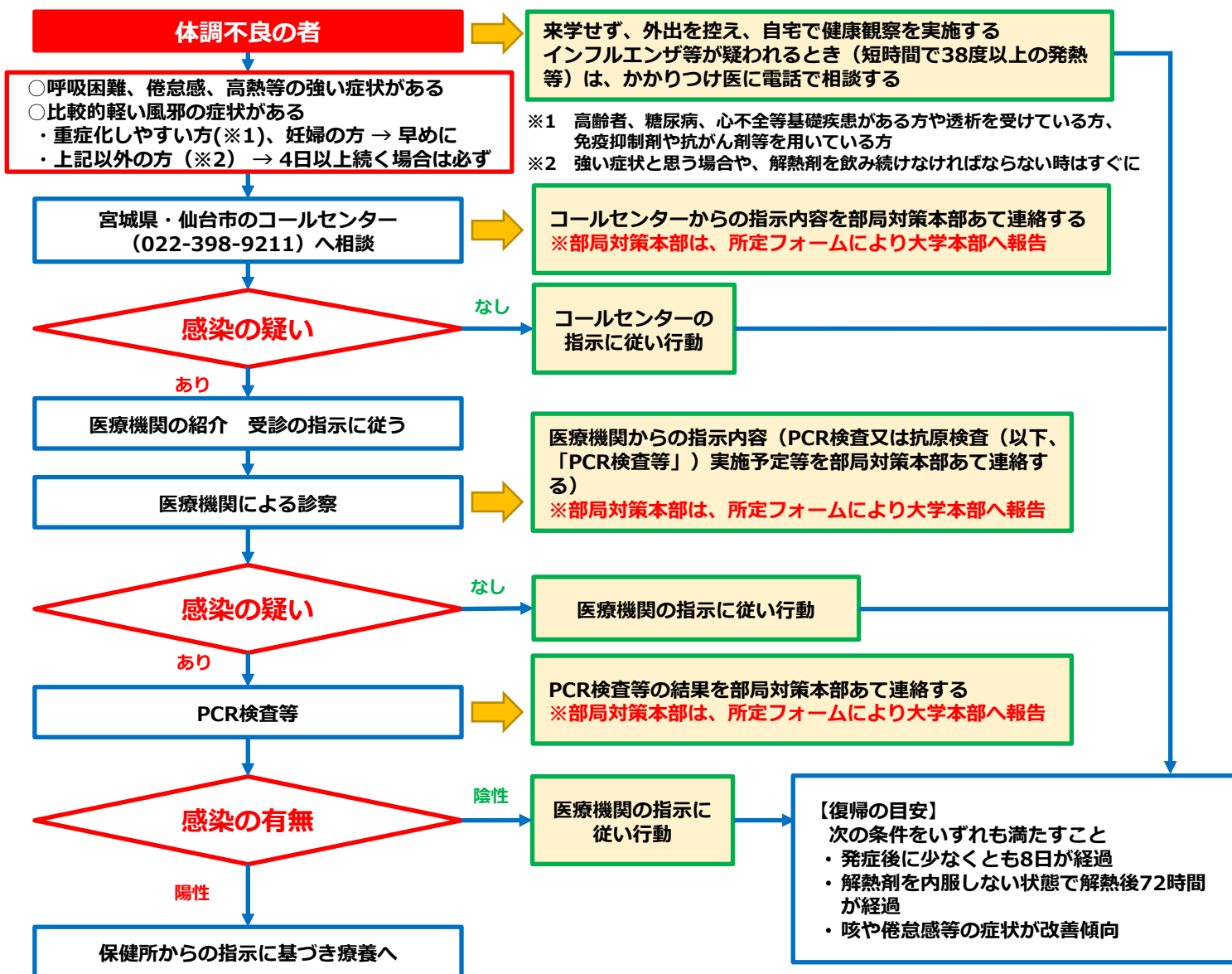
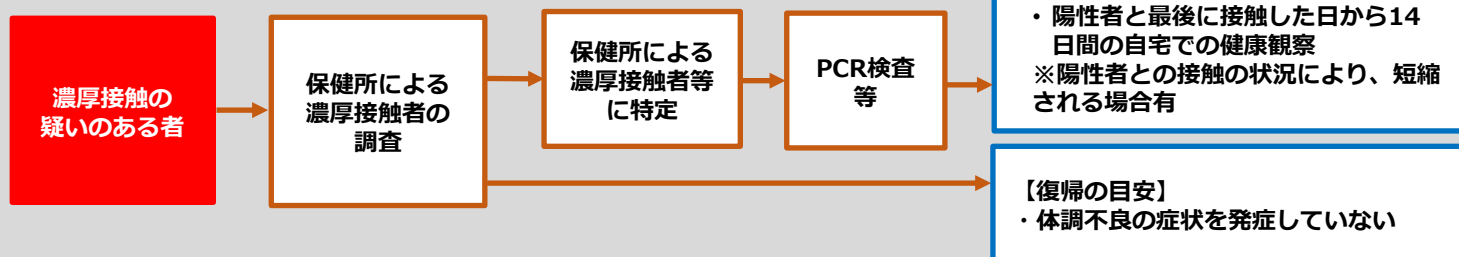


新型コロナウイルス感染症対策（体調不良者対応等）フロー図



濃厚接触の疑いのある者のフロー



【濃厚接触の疑いのある者】

- ①陽性者の症状が出る2日前から接触した者のうち、必要な感染予防策をせずに手で触れた場合
- ②対面で手を伸ばしたら届く距離(1m程度)で15分以上(密閉された空間なら15分未満でも)接触した場合
- ③陽性者がいた建物や空間(同室内)で、陽性者が使用した共有物品を(PC、テーブル、ソファー、ポット、冷蔵庫、リモコン等)を、陽性者の症状が出る2日前以降、陽性者が最後に出勤した日から3日間までの間(共有物品が消毒されるまで)利用している場合

※保健所による濃厚接触者の調査中の者及び濃厚接触者に特定されなかった者は、感染の疑いを完全に否定するものではありません。不要不急の外出は控えるなど、他人へ感染させない行動に努め、濃厚接触者の調査中の者は、調査終了まで自宅での健康観察を実施し、濃厚接触者と特定されなかった者は、陽性者と最後に接触した日から14日間の健康観察を実施する。

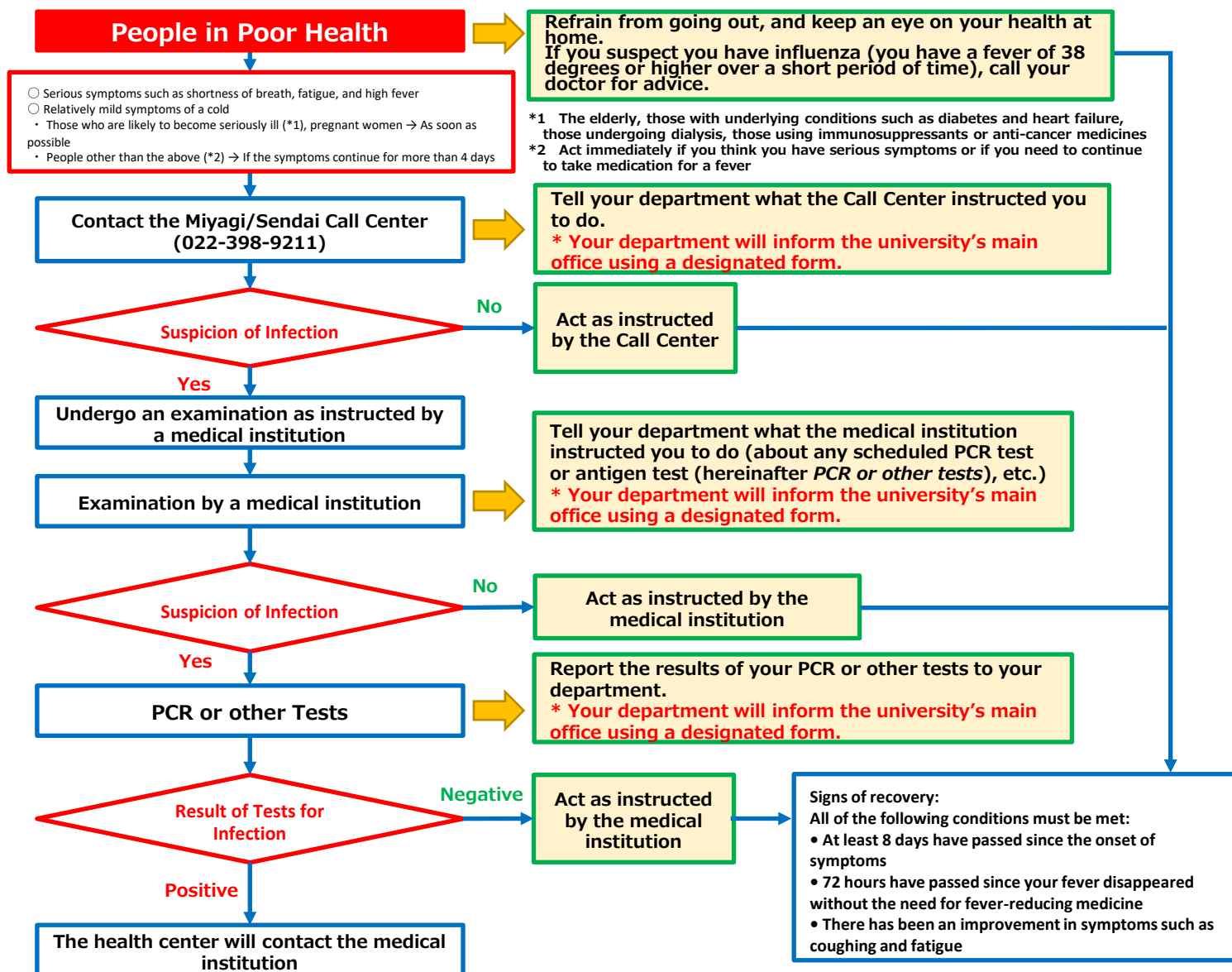
※ 当該フロー図は、主に体調不良時の対応を示すもので、業務や行事に関連してPCR検査等を受検した場合は対象外とします。

※ 新型コロナウイルス接触アプリ（COCOA）において、陽性者との接触の可能性がある等の通知を受けた場合は、速やかにアプリの指示どおり相談先に連絡をしてください。

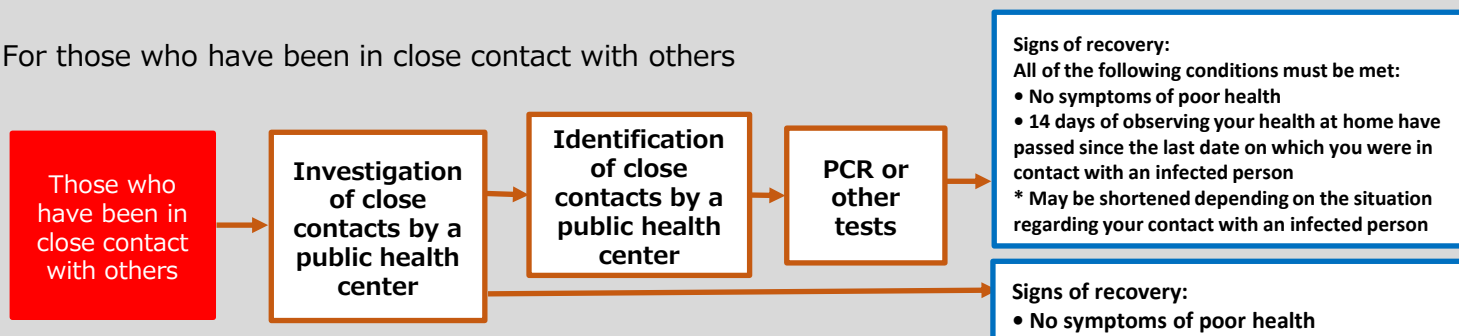
【フロー図に関する連絡先】

人事労務課 安全衛生管理係 anzen@grp.tohoku.ac.jp

Flow Chart of Measures to Combat the Spread of the New Coronavirus (for those in poor health)



For those who have been in close contact with others



Situations in which you are considered to have been in close contact with others:

- ① If you were in close contact with a person confirmed to be infected within the 2-day period before they displayed symptoms and your hands made contact and you had not taken the necessary preventive measures.
- ② If you were positioned face to face within an arm's length (about 1 m) for 15 minutes or more.
- ③ If you have been in the same buildings or areas (the same rooms) as the infected person, and you have used the same shared equipment (PCs, tables, sofas, pots, refrigerators, remote controls, etc.). The pertinent timeframe is from two days before the appearance of their symptoms until three days after they last came to work (or until the shared equipment is sterilized).

* Neither those who are being checked by the health center as to whether they are close contacts nor those who have been identified as not being close contacts are guaranteed to be completely clear of infection.

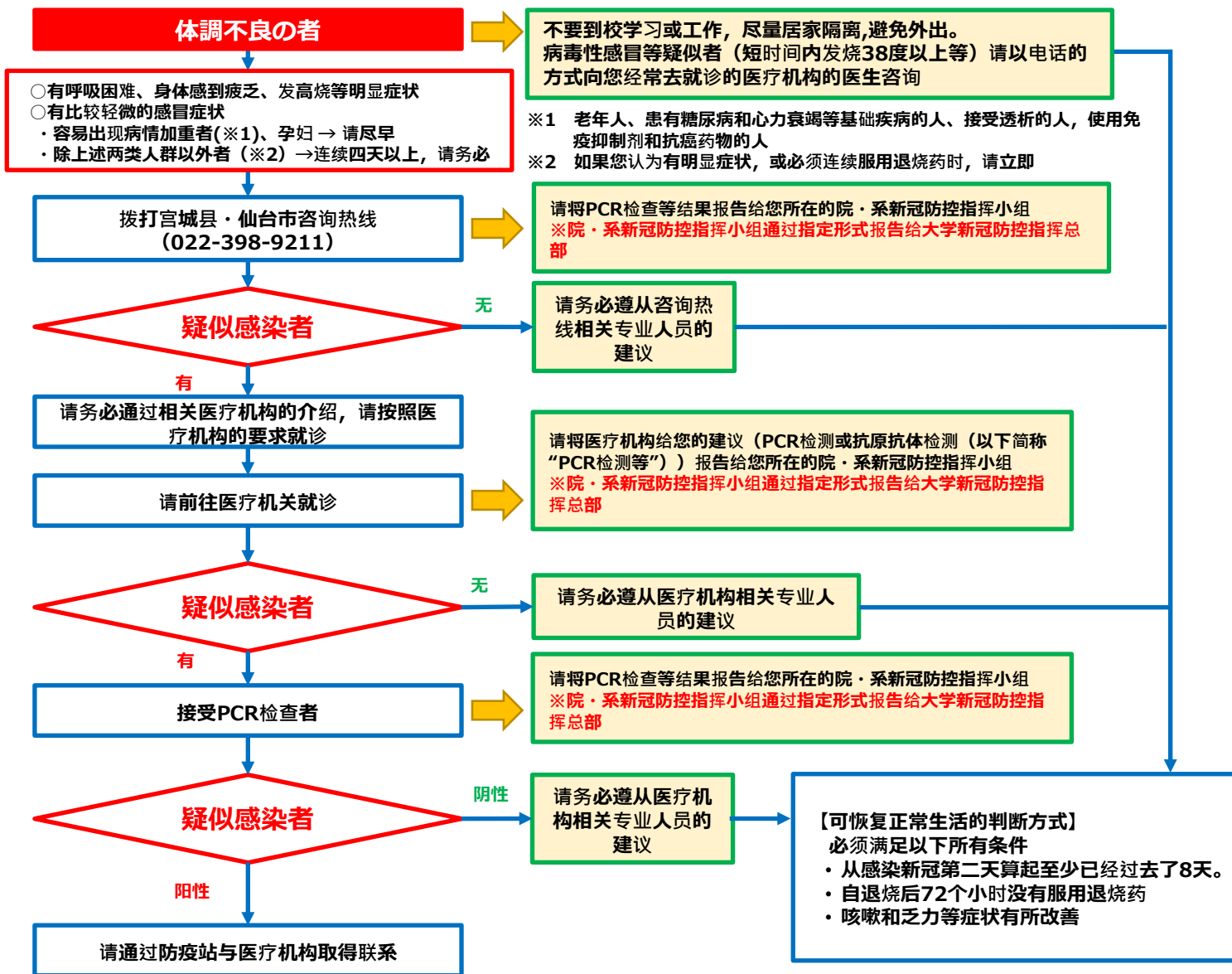
Aside from not going out for unnecessary and non-urgent reasons, etc., to prevent others from becoming infected, those who are being checked as to whether they are close contacts should keep an eye on their own health at home until they have been cleared, and those who have been identified as not being close contacts should keep an eye on their own health for 14 days from the date of their last contact with an infected person.

* The above flow chart is mainly to show you how to respond when you are in poor physical condition, and does not apply if you have taken a PCR test, etc. in connection with your work or other functions.

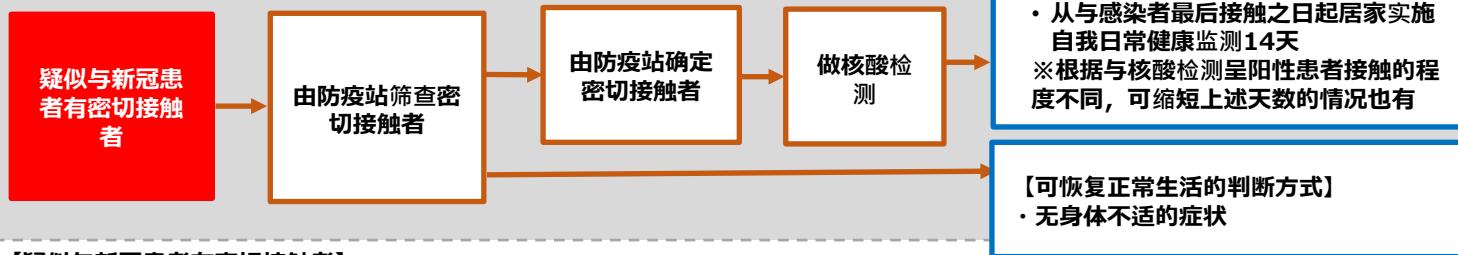
* If you receive a notification from the COVID-19 Contact-Confirming Application (COCOA) that you may have come into contact with someone who has tested positive for COVID-19, please make contact immediately with a consultant as instructed by the app.

Contact details for the Flow Chart:
Center for Environmental Conservation and Research Safety
(anzen@grp.tohoku.ac.jp)

关于新型冠状病毒肺炎应采取的相关措施（对身体感到不适者）流程图



疑似与新冠患者有密切接触者的流程图



【疑似与新冠患者有密切接触者】

- ①与核酸检测呈阳性患者在其出现症状两天前开始有接触者中, 在没有采取必要的感染预防措施的情况下有过直接接触的人
- ②与核酸检测呈阳性患者伸手可触及到对方的范围内(约1米的距离), 面对面接触15分钟或更长的时间(在密闭空间不到15分钟)的人
- ③在核酸检测呈阳性患者待过的建筑物、空间(在同一房间), 在核酸检测呈阳性患者出现症状两天前开始, 到酸检测呈阳性患者确诊前最后一次上班之日起三天(到共用物品得到消毒时)这一期间, 使用过核酸检测呈阳性患者使用过的物品(电脑、桌子、沙发、水瓶、电冰箱、遥控器等)的人

※疑似与新冠患者有密切接触, 正在接受防疫站筛查者以及未被认定与新冠患者有密切接触者, 并不是说就可以完全排除新冠感染的可能。为此请务必减少不必要的外出, 以防止传染给他人。正在接受防疫站筛查者, 请务必在筛查结果出来之前居家实施自我日常健康监测。未被认定与新冠患者有密切接触者, 自与新冠患者最后一次接触之日起14天内, 请务必每天实施自我日常健康监测。

※该流程图主要为身体感到不适者提供的。因工种以及参与一些活动而进行过PCR检查者不在该流程图的对象范围内。
※如果您收到来自新冠接触软件系统(COCoA)发来的您有可能与核酸检测呈阳性患者有过接触的通知, 请务必迅速按照软件系统(COCoA)所给的提示与相关部门取得联系。